



MARY BALDWIN COLLEGE
STUDENT HANDBOOK 2009-2010



MARY BALDWIN COLLEGE

Student Handbook 2009-2010

This planner belongs to:

NAME _____

E-MAIL _____

Important Notice

Throughout the year, you will be notified regarding revisions or updates to your Student Handbook. The most current information will be available at <http://www.mbc.edu/student/studenthandbook/> or in the Student Life Office.

Mary Baldwin College does not discriminate on the basis of sex (except that men are admitted only as ADP and graduate students), race, national origin, color, age, disability, or sexual orientation in its educational programs, admissions, co-curricular or other activities, and employment practices. Inquiries may be directed to the Director of Human Resources, P.O. Box 1500, Mary Baldwin College, Staunton, Virginia 24402; phone 540-887-7367.



MESSAGE FROM THE PRESIDENT

Educating the mind without educating the heart is no education at all.
— Aristotle

Dear Mary Baldwin Students:

Welcome to Mary Baldwin College for the 2009-10 academic year! You are a crucial member of this very special campus community. Here learning and doing go hand in hand. You will learn to make a positive difference in yourself, in your community, in your world. Whatever your Leadership Gateway, you'll experience firsthand the unequalled power of a personalized education.

Most of all, you will discover the heart of Mary Baldwin College. It will mean something different for each one of you.

In everyday life, people associate the word heart with concepts like courage, passion, generosity, steadfastness, and authenticity. It brings to mind relationships. Family. Well-being. Strength. Compassion.

And Heart is our 2009-10 annual theme for Mary Baldwin College.

At Mary Baldwin heart is found in our students, women whose actions speak volumes and whom we come to know as our confident, compassionate changemakers. It is found in our faculty who combine an immense body of knowledge with an even larger desire to see every student reach her full potential. It is found in a community where concepts like community service are embraced and diversity is celebrated. And it is in this community that you will realize what you already know, deep down in your heart. You possess, among many other qualities, unlimited potential.

The human heart brings nutrients and oxygen to every cell. The same is true of a Mary Baldwin education. Knowledge, service, and experience broaden the mind and heart. Spirit and tradition forge bonds between classmates and their sisters across the ages. Absorb all you can. Nourish your heart. Every experience, every milestone, every opportunity is like oxygen and energy to your cells. It feeds you, and you thrive.

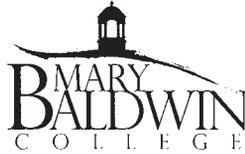
The Weekend of Welcome manifestation of the 2009-10 theme is Hearts on Fire. Take this to heart and light a bonfire of excellence. Of courage, passion, authenticity, and generosity. Be Boldly Baldwin.

May our paths cross frequently this year. Enjoy each day with the knowledge that I hold in my heart all best wishes for your happiness and success.

Dr. Pamela Fox
President

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THE HONOR PLEDGE

Believing in the principles of student government, I pledge myself to uphold the ideals and regulations of the Mary Baldwin College community. I recognize the principles of honor and cooperation as the basis of our life together. I shall endeavor faithfully to order my life accordingly. I will not lie, cheat, steal, plagiarize, or violate my pledge of confidentiality. I will encourage others to fulfill the ideals of the honor system and will meet my responsibility to the community by reporting incidents of honor offenses.

PLEDGE OF INCLUSIVE COMMUNITY

We, the community of Mary Baldwin College, strive to celebrate humanity in all its wondrous and complex variation. Because we value diversity, it is our mission to sustain a community where all may flourish. We are safe to embrace our shared experiences and our differences. To this end, we treat all with respect and compassion.

A HYMN FOR MARY BALDWIN

TEXT BY GORDON PAGE
MELODY: SCANDINAVIAN FOLK SONG

To these halls where Wisdom reckons,
To these hills where Beauty dwells;
Where the search for Learning beckons,
Where its tumult never quells.

Here we bring our childhood visions
Stirring in the quest for Truth;
Here we forge the mind's decisions
Tempered by the faith of youth.

Friendship, honor, sorrow, laughter
Are the ways by which we learn.
Knowledge first, then wisdom after,
Love that seeks not for return.

When we reach the last tomorrow
Of our days in class, on field
We will know how we must borrow,
Mary Baldwin, from thy yield.

MBC DIRECTORY

*on your
mind*

*on your
phone*

*on the mbc
website*

*on the mbc
map*

Academics

www.mbc.edu/academics/

Administrative Policies

www.mbc.edu/student/studenthandbook/administrative.php

Adult Degree Program

x7003

www.mbc.edu/adp/

#2

Arts at MBC

www.mbc.edu/arts/

#12

Dance

x7162

Music

x7294

Theatre

x7189

Visual Arts

x7196

Athletics

x7295

www.mbc.edu/athletics/

#31

Monday – Thursday: 6 a.m. – 9 p.m.

Friday: 7 a.m. – 5 p.m.

Saturday: 12 – 5 p.m.

Sunday: 5 – 9 p.m.

Bookstore

x7264

www.cbamatthews.com/maryb/

#28

Monday – Friday: 9 a.m. – 4 p.m.

Weekends for special events

Business Office (Student Accounts)

x7363

pyowell@mbc.edu

#1

Monday – Friday: 8:30 a.m. – 4:30 p.m.

Career Center

x7221

www.mbc.edu/career/

#40

Monday – Friday: 8:30 a.m. – 4:30 p.m.

Catalog of Mary Baldwin College

www.mbc.edu/college/catalog.php

Central Receiving

x7169

receiving@mbc.edu

**hours are subject to change during breaks and other times

MBC DIRECTORY

| <i>on your mind</i> | <i>on your phone</i> | <i>on the mbc website</i> | <i>on the mbc map</i> |
|---|---|--|---------------------------|
| Chaplain Quest program, area churches, religion majors/minors, Wellness Test | x7044 | www.mbc.edu/student/spiritual.php | #38 |
| Civic Engagement /Community Service | x7111 | www.mbc.edu/spencercenter/ | #47 |
| Clubs and Organizations | | www.mbc.edu/student/studentengagement/ clubsandorgs.php | |
| College Calendar | | www.mbc.edu/college/calendar.php | |
| Computer and Information Services Information and instruction for internet, email, voice mail setup and security, multimedia services, computer labs, cable TV | x7075 | http://academic.mbc.edu/cis/ | #15 |
| Computer Labs <i>Hours: Most labs open every day: 7 a.m. – midnight</i> | x7075 <small>(computer help desk)</small> | http://academic.mbc.edu/cis/ LabsMultimediaServices/Labinfo.html | #7, #12, #29, #47 |
| Counseling/Psychological Services <i>Call for appointment</i> | x7281 | www.mbc.edu/health/counselingsvs.php | #4 |
| Dean of the College | x7030 | | #1 |
| Dean of Students | x7220 | | #1 |
| Dining Services <i>*Check Web site for hours</i> | | www.mbc.edu/college/dining.php | |
| *Hunt Dining Hall | x7293 | | #19 |
| *Ham and Jam Pub | x7148 | | #28 |
| *The Nuthouse | x7293 | | #19 |

**hours are subject to change during breaks and other times

MBC DIRECTORY

*on your
mind*

*on your
phone*

*on the mbc
website*

*on the mbc
map*

Dining Services, continued

| | | | |
|-------------------------|-------|--|--|
| Daily Menu | x7272 | www.dineoncampus.com/mbc/ | |
| Catering/Special Events | x7141 | | |

| | | | |
|--|-------|--|--|
| Employment (for students on campus) | x7258 | www.mbc.edu/workstudy/ | |
|--|-------|--|--|

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| Events Calendar | | www.mbc.edu/events/ | |
|------------------------|--|--|--|

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|---------------------------------|-------|--|--|
| Event Space Reservations | x7207 | phummell@mbc.edu | |
|---------------------------------|-------|--|--|

| | | | |
|----------------------|-------|--|----|
| Financial Aid | x7022 | www.mbc.edu/admission/finaid/ | #1 |
|----------------------|-------|--|----|

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|------------------------------|-------|--|-----|
| First Year Experience | x7230 | www.mbc.edu/fye/ | #41 |
|------------------------------|-------|--|-----|

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|--------------------------|--|--|--|
| Graduate Programs | | www.mbc.edu/academics/graduateprograms.php | |
|--------------------------|--|--|--|

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|--|-------|--|-----|
| Master of Arts in Teaching | x7333 | www.mbc.edu/mat/ | #13 |
| Master of Education | x7333 | www.mbc.edu/med/ | #13 |
| Master of Letters/Master Fine Arts Shakespeare | x7237 | www.mbc.edu/shakespeare/ | #38 |

| | | | |
|------------------------|-------|--|-----|
| Grafton Library | x7085 | www.mbc.edu/grafton/ | #15 |
|------------------------|-------|--|-----|

Monday – Thursday: 8 a.m. – midnight

Friday – Saturday: 8 a.m. – 6 p.m.

Sunday: 12 p.m. – midnight

| | | | |
|-------------------------|--|--|--|
| Grievance Policy | | www.mbc.edu/student/studenthandbook/administrative.php | |
|-------------------------|--|--|--|

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|------------------------|-------|--|----|
| Health Services | x7095 | www.mbc.edu/health/ | #4 |
|------------------------|-------|--|----|

Monday, Tuesday, Thursday, Friday: 8 a.m. – 5 p.m.

Wednesday: 9 a.m. – 6 p.m.

* hours may vary, call or check Health Center door for changes

After Hours Care: Augusta Medical Center Emergency Department

540-332-4444

**hours are subject to change during breaks and other times

MBC DIRECTORY

*on your
mind*

*on your
phone*

*on the mbc
website*

*on the mbc
map*

| | | | |
|--|-------|--|-----|
| International Students | x7113 | www.mbc.edu/international | #47 |
| Learning Skills Center | x7250 | www.mbc.edu/academics/resources/learnsk.php | #38 |
| <i>Monday – Thursday: 8:30 a.m. – 4:30 p.m.</i> | | | |
| Peer Mentoring, Peer Tutoring, seminars for time management and study skills, assistive resources for those with disabilities | | | |
| News at MBC | x7097 | www.mbc.edu/news/ | #42 |
| Physical Plant | x7209 | pptwork@mbc.edu | #35 |
| Post Office on campus | x7149 | | #28 |
| <i>Monday – Friday: 9 a.m. – 4 p.m.</i> | | | |
| <i>Saturday: 9 a.m. – 12 p.m.</i> | | | |
| President’s Office | x7026 | | #1 |
| Program for the Exceptionally Gifted | x7039 | www.mbc.edu/peg/ | #30 |
| Recycling | x7209 | mweeks@mbc.edu | #35 |
| Registrar’s Office | x7071 | www.mbc.edu/academics/registrar.php | #47 |
| Security | x7000 | www.mbc.edu/security/ | #43 |
| BAM (Baldwin Alert Messages) Parking | | | |
| Spencer Center for Civic & Global Engmt | x7181 | www.mbc.edu/spencercenter/ | #47 |

**hours are subject to change during breaks and other times

MBC DIRECTORY

*on your
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*on the mbc
map*

Student Government Association

www.mbc.edu/student/sga/

Executive Committee

Judicial Board

Honor Council

Residence Hall Association

Baldwin Program Board

Student Advocates

Student Life

x7221

www.mbc.edu/student/

#40

African American & Multicultural Affairs

x7270

www.mbc.edu/AAMA/

Career Development

x7225

www.mbc.edu/career/

First and Second Year Experience

x7230

www.mbc.edu/fye/

Residence Life & Housing

x7045

www.mbc.edu/residencelife/

Student Events

x7287

www.mbc.edu/student/

Study Abroad

x7113

www.mbc.edu/spencercenter/studyabroad.php

#47

Teacher Licensure

www.mbc.edu/studies/education/4ways.php

Traditions at MBC

www.mbc.edu/about/traditions.php

Virginia Women's Institute for Leadership

x7042

www.mbc.edu/vwil/

#23

Writing Center

x7038

www.mbc.edu/academics/resources/writing.php

#7

Check Web site for hours

**hours are subject to change during breaks and other times

CLASS SCHEDULE

FALL SEMESTER 2009

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------------------------------|-------------|-------------|-------------|---------------|
| 8:00–8:50 | 8:00–9:15 | 8:00–8:50 | 8:00–9:15 | 8:00–8:50 |
| 9:00–9:50 | 9:25–10:40 | 9:00–9:50 | 9:25–10:40 | 9:00–9:50 |
| 10:00–10:50 | 10:50–12:05 | 10:00–10:50 | 10:50–12:05 | 10:00–10:50 |
| 11:00–11:50 | 12:15–1:25 | 11:00–11:50 | 12:15–1:25 | 11:00–11:50 |
| 12:00–12:50 | 1:25–2:40 | 12:00–12:50 | 1:25–2:40 | 12:00–12:50 |
| 1:00–1:50 | 2:50–4:05 | 1:00–1:50 | 2:50–4:05 | 1:00–1:50 |
| 2:00–2:50 | 4:15–5:30 | 2:00–2:50 | 4:15–5:30 | 2:00–2:50 |
| 3:00–3:50 | | 3:00–3:50 | | RESERVED TIME |
| 4:00–4:50 | | 4:00–4:50 | | |
| Please write in any evening classes | | | | |

| Subject | Instructor | Office | Phone |
|---------|------------|--------|-------|
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THURSDAY / 13
AUG

FRIDAY / 14
AUG

Vertical writing area for Thursday, August 13, featuring a large, faint illustration of a squirrel on the left side.

Vertical writing area for Friday, August 14, featuring a large, faint illustration of a squirrel on the right side.

AUGUST

SEPTEMBER

| | | | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|---|
| M | T | W | T | F | S | S | M | T | W | T | F | S | S | |
| | | | | 1 | 2 | | | | 1 | 2 | 3 | 4 | 5 | 6 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 | 28 | 29 | 30 | | | | | |
| 31 | | | | | | | | | | | | | | |

WELLNESS TIP

Eating a light snack like a piece of fruit after exercising or playing a sport will restore some of the energy that your body's used up.

SATURDAY / 15
AUG

Horizontal writing area for Saturday, August 15.

SUNDAY / 16
AUG

Horizontal writing area for Sunday, August 16.

NOTES

Large vertical writing area for notes, featuring a light gray background.

THURSDAY / 20
AUG

FRIDAY / 21
AUG

Vertical writing area for Thursday, August 20, featuring a large, faint squirrel illustration in the background.

Vertical writing area for Friday, August 21, featuring a large, faint squirrel illustration in the background.

AUGUST

SEPTEMBER

| | | | | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|---|---|
| M | T | W | T | F | S | S | M | T | W | T | F | S | S | | |
| | | | | | 1 | 2 | | | | 1 | 2 | 3 | 4 | 5 | 6 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | | |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | | |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | | |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 | 28 | 29 | 30 | | | | | | |
| | | | | | | 31 | | | | | | | | | |

WELLNESS TIP

Weight lifting and resistance training is not just for building muscles. It can also burn fat and strengthen your bones.

SATURDAY / 22
AUG

RAMADAN

- Student Leadership Conference

SUNDAY / 23
AUG

- Arrival of Ida B. Wells Gateway

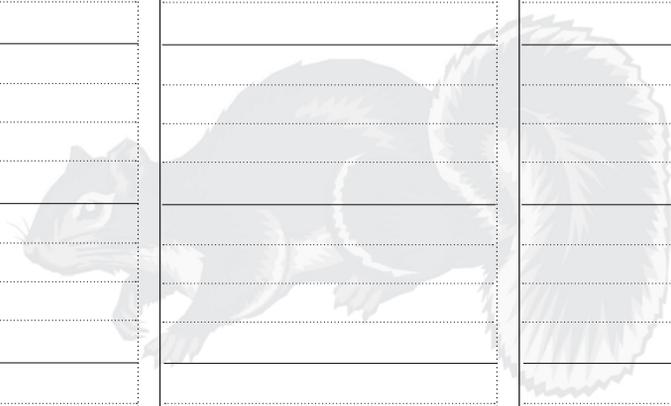
NOTES

Large horizontal writing area for notes, featuring a large, faint squirrel illustration in the background.

- Student Leadership Conference

2009 | SEPTEMBER

| MONDAY / 31 AUG | TUESDAY / 1 SEP | WEDNESDAY / 2 SEP |
|---|--|---|
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| <ul style="list-style-type: none">• Poster Sale• Welcome Back Dessert at Lunch• Fall Semester Classes Begin | <ul style="list-style-type: none">• Poster Sale• Volleyball Away vs Bridgewater• Soccer Away vs SweetBriar | <ul style="list-style-type: none">• Charter Day |



THURSDAY / 10 SEP

FRIDAY / 11 SEP

Vertical writing area for Thursday, September 10, featuring a large, faint background image of a squirrel.

Vertical writing area for Friday, September 11, featuring a large, faint background image of a squirrel. The text "PATRIOT DAY" is printed at the top right of this column.

SEPTEMBER

OCTOBER

| | | | | | | |
|----|----|----|----|----|----|----|
| m | T | W | T | F | S | S |
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | | | | |

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|----|----|----|----|----|----|----|
| m | T | W | T | F | S | S |
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| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

WELLNESS TIP

Exercise builds both your muscles and your confidence. Set goals for your physical activity to motivate yourself and measure your progress.

SATURDAY / 12 SEP

- Late Night Series
- Volleyball Tournament at Dickinson
- Soccer Tournament at Gallaudet
- Cross Country at JMU Invitational

SUNDAY / 13 SEP

- Soccer Tournament at Gallaudet

NOTES

Large horizontal writing area for notes, featuring a large, faint background image of a squirrel.

- Hiking at Sherando Lake
- Volleyball Tournament at Dickinson

THURSDAY / 22
OCT

FRIDAY / 23
OCT

OCTOBER

NOVEMBER

| | | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| m | T | W | T | F | S | S | m | T | W | T | F | S | S |
| | | | | 1 | 2 | 3 | 4 | | | | | | 1 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 | 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 | 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 26 | 27 | 28 | 29 | 30 | 31 | | 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| | | | | | | | 30 | | | | | | |

WELLNESS TIP

If you are feeling tired, don't turn to high-sugar snacks. The energy boost they give you is short-lived. Try a brisk walk instead.

SATURDAY / 24
OCT

- Late Night Series
- Volleyball Home vs NC Wesleyan and Greensboro
- Soccer Away vs CNU

SUNDAY / 25
OCT

- Soccer Away vs NC Wesleyan

NOTES

- Alumnae/i Board and Advisory Board of Visitors Mentoring Event
- Downtown Movie Madness

THURSDAY / 5 NOV

FRIDAY / 6 NOV

Vertical writing area for Thursday, November 5, featuring a large squirrel illustration on the left side.

Vertical writing area for Friday, November 6, featuring a large squirrel illustration on the right side.

Empty rectangular box at the bottom of the Thursday column.

• Shopping in Charlottesville

NOVEMBER

DECEMBER

| | | | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|---|
| m | T | W | T | F | S | S | m | T | W | T | F | S | S | |
| | | | | | 1 | | | | 1 | 2 | 3 | 4 | 5 | 6 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 | 28 | 29 | 30 | 31 | | | | |
| 30 | | | | | | | | | | | | | | |

WELLNESS TIP

Wearing your backpack over both shoulders can prevent back pain and shoulder strain.

SATURDAY / 7 NOV

- Late Night Series
- Admissions Open House
- Basketball Home Scrimmage vs Lynchburg
- WWIL Parade

SUNDAY / 8 NOV

- WWIL Admissions Overnight

NOTES

Large vertical area for notes with horizontal lines.

THURSDAY / 12 NOV

FRIDAY / 13 NOV

Vertical writing area for Thursday, November 12, featuring a large, faint squirrel illustration in the background.

Vertical writing area for Friday, November 13, featuring a large, faint squirrel illustration in the background.

NOVEMBER

DECEMBER

| | | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| m | T | W | T | F | S | S | m | T | W | T | F | S | S |
| | | | | | 1 | | | 1 | 2 | 3 | 4 | 5 | 6 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 | 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 | 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 | 28 | 29 | 30 | 31 | | | |
| 30 | | | | | | | | | | | | | |

WELLNESS TIP

Student life can be stressful. Try to have several ways of relaxing, such as listening to music or going out with friends.

SATURDAY / 14 NOV

- Junior Dads and Family Weekend
- BPB Spa Day

SUNDAY / 15 NOV

- Junior Dads and Family Weekend

NOTES

Large horizontal writing area for notes.

- Junior Dads and Family Weekend
- WWIL Parade

THURSDAY / 26
NOV

FRIDAY / 27
NOV

THANKSGIVING DAY

Handwriting practice area for Thursday, November 26. The page contains ten rows of horizontal lines. Each row consists of a solid top line, a dashed midline, and a solid bottom line. A large, faint illustration of a squirrel is visible in the background, spanning across the Thursday and Friday columns.

• Happy Thanksgiving!

Handwriting practice area for Friday, November 27. The page contains ten rows of horizontal lines. Each row consists of a solid top line, a dashed midline, and a solid bottom line. A large, faint illustration of a squirrel is visible in the background, spanning across the Thursday and Friday columns.

• Thanksgiving Break

NOVEMBER

DECEMBER

| | | | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|---|
| M | T | W | T | F | S | S | M | T | W | T | F | S | S | |
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| 2 | 3 | 4 | 5 | 6 | 7 | 8 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 | 28 | 29 | 30 | 31 | | | | |
| | | | | | | 30 | | | | | | | | |

WELLNESS TIP

If you're doing a lot of typing, use a wrist pad and maintain an upright posture - it will prevent carpal tunnel syndrome.

SATURDAY / 28
NOV

EID AL-ADHA

• Thanksgiving Break

SUNDAY / 29
NOV

• Thanksgiving Break Ends
• 10 a.m. Residence Halls open

NOTES

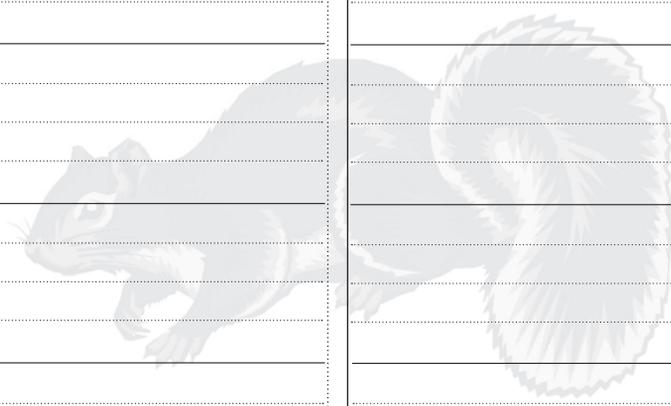
Notes section with ten rows of horizontal lines for writing.

THURSDAY / **3**
DEC

FRIDAY / **4**
DEC

Vertical writing area for Thursday, December 3rd, featuring horizontal lines and a vertical margin line on the right.

Vertical writing area for Friday, December 4th, featuring horizontal lines and a vertical margin line on the right.



DECEMBER

JANUARY

| | | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| m | T | W | T | F | S | S | m | T | W | T | F | S | S |
| 1 | 2 | 3 | 4 | 5 | 6 | | | | | | 1 | 2 | 3 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 | 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 | 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 28 | 29 | 30 | 31 | | | | 25 | 26 | 27 | 28 | 29 | 30 | 31 |

WELLNESS TIP

Watch out for emotional eating because it usually involves high-carb, low nutrient foods. If you need to eat, choose fruit.

SATURDAY / **5**
DEC

- Late Night Series
- Basketball Home vs Greensboro
- VWIL Parade

SUNDAY / **6**
DEC

- Christmas Cheer
- Basketball Home vs Methodist

NOTES

Large vertical writing area for notes, featuring horizontal lines and a vertical margin line on the right.

- Term 2 Ends
- Las Posadas

THURSDAY / **17**
DEC

FRIDAY / **18**
DEC

MUHARRAM

DECEMBER

JANUARY

| | | | | | | | | | | | | | |
|-----------|-----------|-----------|-----------|-----------|-----------|-----------|----|----|----|----|----|----|----|
| m | T | W | T | F | S | S | m | T | W | T | F | S | S |
| | 1 | 2 | 3 | 4 | 5 | 6 | | | | 1 | 2 | 3 | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 | 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 | 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 28 | 29 | 30 | 31 | | | | 25 | 26 | 27 | 28 | 29 | 30 | 31 |

WELLNESS TIP

Washing your hands can help stop the spread of flus and colds, especially when you're touching the same surfaces as many other people.

SATURDAY / **19**
DEC

Blank writing area for Saturday, December 19th.

SUNDAY / **20**
DEC

Blank writing area for Sunday, December 20th.

NOTES

Large vertical writing area for notes.

THURSDAY / 24
DEC

FRIDAY / 25
DEC

DECEMBER

JANUARY

| | | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| m | T | W | T | F | S | S | m | T | W | T | F | S | S |
| | 1 | 2 | 3 | 4 | 5 | 6 | | | | | 1 | 2 | 3 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 | 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 | 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 28 | 29 | 30 | 31 | | | | 25 | 26 | 27 | 28 | 29 | 30 | 31 |

CHRISTMAS

Vertical writing area for Thursday, December 24, featuring a large squirrel illustration on the left side.

Vertical writing area for Friday, December 25, featuring a large squirrel illustration on the right side.

WELLNESS TIP

Exposure to sunlight allows your body to produce vitamin D, but too much sun ages your skin prematurely.

SATURDAY / 26
DEC

KWANZAA

Writing area for Saturday, December 26, with a header for Kwanzaa.

SUNDAY / 27
DEC

Writing area for Sunday, December 27.

NOTES

Large horizontal writing area for notes at the bottom of the page.

THURSDAY / 31
DEC

FRIDAY / 1
JAN

Vertical calendar grid for Thursday, December 31. The grid consists of 12 rows. Each row is divided into a left column and a right column by a vertical dotted line. The left column is wider than the right column. The grid is currently blank.

Vertical calendar grid for Friday, January 1. The grid consists of 12 rows. Each row is divided into a left column and a right column by a vertical dotted line. The right column is wider than the left column. The top row of the right column contains the text "NEW YEAR'S DAY". The grid is currently blank.

DECEMBER

JANUARY

| | | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| m | T | W | T | F | S | S | m | T | W | T | F | S | S |
| 1 | 2 | 3 | 4 | 5 | 6 | | | | | | 1 | 2 | 3 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 | 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 | 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 28 | 29 | 30 | 31 | | | | 25 | 26 | 27 | 28 | 29 | 30 | 31 |

WELLNESS TIP

In the winter, seek out natural light. Darkness makes your skin produce melatonin, which makes you feel tired.

SATURDAY / 2
JAN

Event box for Saturday, January 2. It contains the text: "• Basketball Away vs Greensboro".

SUNDAY / 3
JAN

Event box for Sunday, January 3. It is currently blank.

NOTES

Notes section consisting of a large rectangular area with horizontal dotted lines for writing. It is currently blank.

IMPORTANT DATES

SPRING SEMESTER 2010

- **Monday, January 11, 2010:** Spring Semester classes begin/Term III
- **Tuesday, February 23:** Term III ends
- **Wednesday, February 24:** Term IV begins
- **Friday, February 26–Sunday, March 7:** Spring Break (begins at 2:50 pm)
- **Monday, March 8:** Classes resume
- **Friday, April 16:** Term IV ends
- **Monday, April 19:** Exams begin for on-campus classes
- **Monday, April 26:** Exams end for on-campus classes
- **Tuesday, April 27:** Pre-May Term Break
- **Wednesday, April 28:** May Term Begins
- **Thursday, May 13:** Capstone Festival
- **Tuesday, May 18:** May Term ends/May Term exam day
- **Tuesday, May 18:** ADP Spring Semester ends
- **Friday, May 21–Sunday, May 23:** Commencement Weekend

2010

| January | S | M | T | W | T | F | S | February | S | M | T | W | T | F | S | March | S | M | T | W | T | F | S | April | S | M | T | W | T | F | S |
|---------|----|----|----|----|----|----|----|----------|----|----|----|----|----|----|----|-------|----|----|----|----|----|----|----|-------|----|----|----|----|----|----|---|
| | 3 | 4 | 5 | 6 | 7 | 8 | 9 | | 7 | 8 | 9 | 10 | 11 | 12 | 13 | | 7 | 8 | 9 | 10 | 11 | 12 | 13 | | 4 | 5 | 6 | 7 | 8 | 9 | |
| | 10 | 11 | 12 | 13 | 14 | 15 | 16 | | 14 | 15 | 16 | 17 | 18 | 19 | 20 | | 14 | 15 | 16 | 17 | 18 | 19 | 20 | | 11 | 12 | 13 | 14 | 15 | 16 | |
| | 17 | 18 | 19 | 20 | 21 | 22 | 23 | | 21 | 22 | 23 | 24 | 25 | 26 | 27 | | 21 | 22 | 23 | 24 | 25 | 26 | 27 | | 18 | 19 | 20 | 21 | 22 | 23 | |
| | 24 | 25 | 26 | 27 | 28 | 29 | 30 | | 28 | | | | | | | | 28 | 29 | 30 | 31 | | | | | 25 | 26 | 27 | 28 | 29 | 30 | |
| | 31 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

| May | S | M | T | W | T | F | S | June | S | M | T | W | T | F | S | July | S | M | T | W | T | F | S | August | S | M | T | W | T | F | S |
|-----|----|----|----|----|----|----|----|------|----|----|----|----|----|----|----|------|----|----|----|----|----|----|----|--------|----|----|----|----|----|----|---|
| | 2 | 3 | 4 | 5 | 6 | 7 | 8 | | 6 | 7 | 8 | 9 | 10 | 11 | 12 | | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | 1 | 2 | 3 | 4 | 5 | 6 | |
| | 9 | 10 | 11 | 12 | 13 | 14 | 15 | | 13 | 14 | 15 | 16 | 17 | 18 | 19 | | 11 | 12 | 13 | 14 | 15 | 16 | 17 | | 8 | 9 | 10 | 11 | 12 | 13 | |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | | 20 | 21 | 22 | 23 | 24 | 25 | 26 | | 18 | 19 | 20 | 21 | 22 | 23 | 24 | | 15 | 16 | 17 | 18 | 19 | 20 | |
| | 23 | 24 | 25 | 26 | 27 | 28 | 29 | | 27 | 28 | 29 | 30 | | | | | 25 | 26 | 27 | 28 | 29 | 30 | 31 | | 22 | 23 | 24 | 25 | 26 | 27 | |
| | 30 | 31 | | | | | | | | | | | | | | | | | | | | | | | 29 | 30 | 31 | | | | |

| September | S | M | T | W | T | F | S | October | S | M | T | W | T | F | S | November | S | M | T | W | T | F | S | December | S | M | T | W | T | F | S |
|-----------|----|----|----|----|----|----|----|---------|----|----|----|----|----|----|----|----------|----|----|----|----|----|----|----|----------|----|----|----|----|----|----|---|
| | 5 | 6 | 7 | 8 | 9 | 10 | 11 | | 3 | 4 | 5 | 6 | 7 | 8 | 9 | | 7 | 8 | 9 | 10 | 11 | 12 | 13 | | 5 | 6 | 7 | 8 | 9 | 10 | |
| | 12 | 13 | 14 | 15 | 16 | 17 | 18 | | 10 | 11 | 12 | 13 | 14 | 15 | 16 | | 14 | 15 | 16 | 17 | 18 | 19 | 20 | | 12 | 13 | 14 | 15 | 16 | 17 | |
| | 19 | 20 | 21 | 22 | 23 | 24 | 25 | | 17 | 18 | 19 | 20 | 21 | 22 | 23 | | 21 | 22 | 23 | 24 | 25 | 26 | 27 | | 19 | 20 | 21 | 22 | 23 | 24 | |
| | 26 | 27 | 28 | 29 | 30 | | | | 24 | 25 | 26 | 27 | 28 | 29 | 30 | | 28 | 29 | 30 | | | | | | 26 | 27 | 28 | 29 | 30 | 31 | |

2011

| January | S | M | T | W | T | F | S | February | S | M | T | W | T | F | S | March | S | M | T | W | T | F | S | April | S | M | T | W | T | F | S |
|---------|----|----|----|----|----|----|----|----------|----|----|----|----|----|----|----|-------|----|----|----|----|----|----|----|-------|----|----|----|----|----|----|---|
| | 2 | 3 | 4 | 5 | 6 | 7 | 8 | | 6 | 7 | 8 | 9 | 10 | 11 | 12 | | 6 | 7 | 8 | 9 | 10 | 11 | 12 | | 3 | 4 | 5 | 6 | 7 | 8 | |
| | 9 | 10 | 11 | 12 | 13 | 14 | 15 | | 13 | 14 | 15 | 16 | 17 | 18 | 19 | | 13 | 14 | 15 | 16 | 17 | 18 | 19 | | 10 | 11 | 12 | 13 | 14 | 15 | |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | | 20 | 21 | 22 | 23 | 24 | 25 | 26 | | 20 | 21 | 22 | 23 | 24 | 25 | 26 | | 17 | 18 | 19 | 20 | 21 | 22 | |
| | 23 | 24 | 25 | 26 | 27 | 28 | 29 | | 27 | 28 | | | | | | | 27 | 28 | 29 | 30 | 31 | | | | 24 | 25 | 26 | 27 | 28 | 29 | |
| | 30 | 31 | | | | | | | | | | | | | | | | | | | | | | | 21 | 22 | 23 | 24 | 25 | 26 | |

| May | S | M | T | W | T | F | S | June | S | M | T | W | T | F | S | July | S | M | T | W | T | F | S | August | S | M | T | W | T | F | S |
|-----|----|----|----|----|----|----|----|------|----|----|----|----|----|----|----|------|----|----|----|----|----|----|----|--------|----|----|----|----|----|----|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | | 5 | 6 | 7 | 8 | 9 | 10 | 11 | | 3 | 4 | 5 | 6 | 7 | 8 | 9 | | 1 | 2 | 3 | 4 | 5 | 6 | |
| | 8 | 9 | 10 | 11 | 12 | 13 | 14 | | 12 | 13 | 14 | 15 | 16 | 17 | 18 | | 10 | 11 | 12 | 13 | 14 | 15 | 16 | | 7 | 8 | 9 | 10 | 11 | 12 | |
| | 15 | 16 | 17 | 18 | 19 | 20 | 21 | | 19 | 20 | 21 | 22 | 23 | 24 | 25 | | 17 | 18 | 19 | 20 | 21 | 22 | 23 | | 14 | 15 | 16 | 17 | 18 | 19 | |
| | 22 | 23 | 24 | 25 | 26 | 27 | 28 | | 26 | 27 | 28 | 29 | 30 | | | | 24 | 25 | 26 | 27 | 28 | 29 | 30 | | 21 | 22 | 23 | 24 | 25 | 26 | |
| | 29 | 30 | 31 | | | | | | | | | | | | | | 31 | | | | | | | | 28 | 29 | 30 | 31 | | | |

| September | S | M | T | W | T | F | S | October | S | M | T | W | T | F | S | November | S | M | T | W | T | F | S | December | S | M | T | W | T | F | S |
|-----------|----|----|----|----|----|----|----|---------|----|----|----|----|----|----|----|----------|----|----|----|----|----|----|----|----------|----|----|----|----|----|----|---|
| | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | 2 | 3 | 4 | 5 | 6 | 7 | 8 | | 6 | 7 | 8 | 9 | 10 | 11 | 12 | | 4 | 5 | 6 | 7 | 8 | 9 | |
| | 11 | 12 | 13 | 14 | 15 | 16 | 17 | | 9 | 10 | 11 | 12 | 13 | 14 | 15 | | 13 | 14 | 15 | 16 | 17 | 18 | 19 | | 11 | 12 | 13 | 14 | 15 | 16 | |
| | 18 | 19 | 20 | 21 | 22 | 23 | 24 | | 16 | 17 | 18 | 19 | 20 | 21 | 22 | | 20 | 21 | 22 | 23 | 24 | 25 | 26 | | 18 | 19 | 20 | 21 | 22 | 23 | |
| | 25 | 26 | 27 | 28 | 29 | 30 | | | 23 | 24 | 25 | 26 | 27 | 28 | 29 | | 27 | 28 | 29 | 30 | | | | | 25 | 26 | 27 | 28 | 29 | 30 | |

CLASS SCHEDULE

SPRING SEMESTER 2010

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------------------------------|-------------|-------------|-------------|---------------|
| 8:00–8:50 | 8:00–9:15 | 8:00–8:50 | 8:00–9:15 | 8:00–8:50 |
| 9:00–9:50 | 9:25–10:40 | 9:00–9:50 | 9:25–10:40 | 9:00–9:50 |
| 10:00–10:50 | 10:50–12:05 | 10:00–10:50 | 10:50–12:05 | 10:00–10:50 |
| 11:00–11:50 | 12:15–1:25 | 11:00–11:50 | 12:15–1:25 | 11:00–11:50 |
| 12:00–12:50 | 1:25–2:40 | 12:00–12:50 | 1:25–2:40 | 12:00–12:50 |
| 1:00–1:50 | 2:50–4:05 | 1:00–1:50 | 2:50–4:05 | 1:00–1:50 |
| 2:00–2:50 | 4:15–5:30 | 2:00–2:50 | 4:15–5:30 | 2:00–2:50 |
| 3:00–3:50 | | 3:00–3:50 | | RESERVED TIME |
| 4:00–4:50 | | 4:00–4:50 | | |
| Please write in any evening classes | | | | |

| Subject | Instructor | Office | Phone |
|---------|------------|--------|-------|
| | | | |
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| | | | |
| | | | |

THURSDAY / 28
JAN

FRIDAY / 29
JAN

Vertical writing area for Thursday, January 28, featuring a large, faint squirrel illustration in the background.

Vertical writing area for Friday, January 29, featuring a large, faint squirrel illustration in the background.

JANUARY

FEBRUARY

| | | | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|---|
| M | T | W | T | F | S | S | M | T | W | T | F | S | S | |
| | | | | | 1 | 2 | 3 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 | | | | | | | | |

WELLNESS TIP

A true cure for the common cold is hard to find because colds constantly mutate. For now, the best prescription is to eat a balanced diet.

SATURDAY / 30
JAN

- Signature Ball
- Basketball Away vs NC Wesleyan

SUNDAY / 31
JAN

Blank writing area for Sunday, January 31.

NOTES

Large vertical writing area for notes, featuring a light gray background.

• Signature Ball Weekend

THURSDAY / 11
FEB

FRIDAY / 12
FEB

FEBRUARY

MARCH

| | | | | | | |
|----|----|----|----|----|----|----|
| m | T | W | T | F | S | S |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |

| | | | | | | |
|----|----|----|----|----|----|----|
| m | T | W | T | F | S | S |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

LINCOLN'S BIRTHDAY

WELLNESS TIP

Listening to loud music actually damages the inner ear's hairs. Without these hairs, we cannot perceive sound.

SATURDAY / 13
FEB

- Late Night Series
- Basketball Home vs Ferrum

SUNDAY / 14
FEB

VALENTINE'S DAY

- VWIL Admissions Overnight

NOTES

- VOTE today for Slate 2
- Downtown Movie Madness
- Basketball Home vs Bridgewater

THURSDAY / 18
FEB

FRIDAY / 19
FEB

FEBRUARY

MARCH

| | | | | | | |
|----|----|----|----|----|----|----|
| m | T | W | T | F | S | S |
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| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |

| | | | | | | |
|----|----|----|----|----|----|----|
| m | T | W | T | F | S | S |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

WELLNESS TIP

Sitting at a computer for long periods is hard on your vision. Look away from the screen regularly, and focus your eyes on distant objects.

SATURDAY / 20
FEB

- Late Night Series
- Basketball Away vs Averett

SUNDAY / 21
FEB

NOTES

- VOTE today for Slate 3
- Ice Skating at Charlottesville Ice Rink
- Tennis Away vs Roanoke

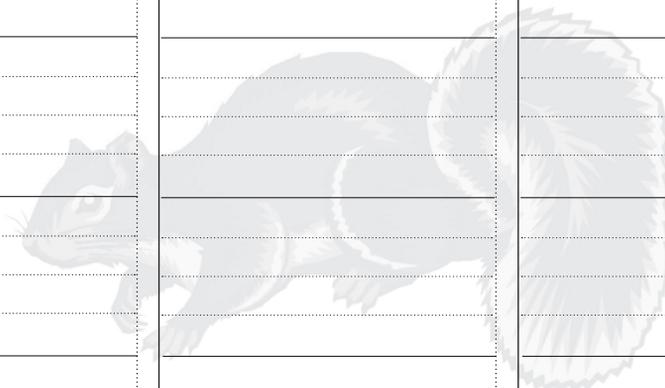
2010 | FEBRUARY

MONDAY / 22
FEB

TUESDAY / 23
FEB

WEDNESDAY / 24
FEB

WASHINGTON'S BIRTHDAY



• Term 3 Ends
• Student Senate

• Term 4 Begins
• Tennis Away vs Hollins

THURSDAY / 4
MAR

FRIDAY / 5
MAR

Vertical calendar grid for Thursday, March 4. The grid consists of 12 rows. Each row is divided into a left column (approximately 1/3 width) and a right column (approximately 2/3 width). The right column contains horizontal dotted lines for writing. The left column is mostly empty, but features a faint, large illustration of a squirrel that spans across the Thursday and Friday columns.

Vertical calendar grid for Friday, March 5. The grid consists of 12 rows. Each row is divided into a left column (approximately 1/3 width) and a right column (approximately 2/3 width). The right column contains horizontal dotted lines for writing. The left column is mostly empty, but features a faint, large illustration of a squirrel that spans across the Thursday and Friday columns.

MARCH

APRIL

| M | T | W | T | F | S | S |
|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

| M | T | W | T | F | S | S |
|----|----|----|----|----|----|----|
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | | |

WELLNESS TIP

Drink water throughout the day, especially during and after physical activity. If you wait until you are thirsty, you're waiting too long.

SATURDAY / 6
MAR

Calendar grid for Saturday, March 6. The grid consists of 2 rows. Each row is divided into a left column (approximately 1/3 width) and a right column (approximately 2/3 width). The right column contains horizontal dotted lines for writing.

SUNDAY / 7
MAR

Calendar grid for Sunday, March 7. The grid consists of 1 row. The row is divided into a left column (approximately 1/3 width) and a right column (approximately 2/3 width). The right column contains horizontal dotted lines for writing.

NOTES

Large vertical notes section with horizontal dotted lines for writing.

THURSDAY / 22
APR

FRIDAY / 23
APR

Vertical writing area for Thursday, April 22, featuring a large, faint illustration of a squirrel on the left side.

Vertical writing area for Friday, April 23, featuring a large, faint illustration of a squirrel on the right side.

APRIL

MAY

| | | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| m | T | W | T | F | S | S | m | T | W | T | F | S | S |
| | | | 1 | 2 | 3 | 4 | | | | | | 1 | 2 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 | 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 | 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 26 | 27 | 28 | 29 | 30 | | | 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| | | | | | | | | | | | | | 31 |

WELLNESS TIP

A simple way to ensure good digestion is to chew your food thoroughly. Chewing releases enzymes that help break down food.

SATURDAY / 24
APR

Writing area for Saturday, April 24.

SUNDAY / 25
APR

Writing area for Sunday, April 25.

NOTES

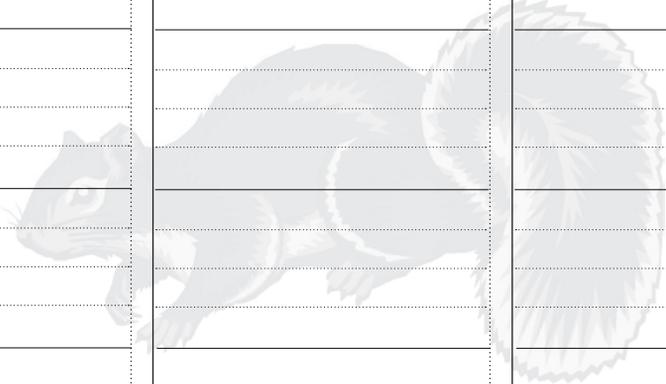
Large writing area for notes, featuring horizontal lines and a shaded background.

MONDAY / 10
MAY

TUESDAY / 11
MAY

WEDNESDAY / 12
MAY

| | | |
|--|---|---|
| <p>Handwriting practice area for Monday, May 10. Features a vertical margin line on the left and horizontal dotted lines for letter height. A grey 3D shadow effect is on the left edge.</p> | <p>Handwriting practice area for Tuesday, May 11. Features a vertical margin line on the left and horizontal dotted lines for letter height. A grey 3D shadow effect is on the left edge.</p> | <p>Handwriting practice area for Wednesday, May 12. Features a vertical margin line on the left and horizontal dotted lines for letter height. A grey 3D shadow effect is on the left edge.</p> |
| <p>Blank white space for additional notes or activities.</p> | <p>Blank white space for additional notes or activities.</p> | <p>Blank white space for additional notes or activities.</p> |



THURSDAY / 20
MAY

FRIDAY / 21
MAY

Vertical writing area for Thursday, May 20, featuring a large, faint squirrel illustration in the background.

Vertical writing area for Friday, May 21, featuring a large, faint squirrel illustration in the background.

MAY

JUNE

| | | | | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|---|---|
| M | T | W | T | F | S | S | M | T | W | T | F | S | S | | |
| | | | | | 1 | 2 | | | | 1 | 2 | 3 | 4 | 5 | 6 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | | |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | | |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | | |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 | 28 | 29 | 30 | | | | | | |
| | | | | | | 31 | | | | | | | | | |

WELLNESS TIP

"Whole foods" are the ticket to a healthy diet. Try eating whole fruits instead of drinking fruit juice, and always choose whole grain.

SATURDAY / 22
MAY

- Commencement Ball
- WWIL Change of Command Parade

SUNDAY / 23
MAY

- Commencement

NOTES

Large horizontal writing area for notes, featuring a light gray background.

THURSDAY / 3 JUN

FRIDAY / 4 JUN

Vertical writing area for Thursday, June 3rd, featuring a large, faint squirrel illustration on the left side.

Vertical writing area for Friday, June 4th, featuring a large, faint squirrel illustration on the right side.

JUNE

| | | | | | | |
|----|----|----|----|----|----|----|
| m | T | W | T | F | S | S |
| 1 | 2 | 3 | 4 | 5 | 6 | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | | | | |

JULY

| | | | | | | |
|----|----|----|----|----|----|----|
| m | T | W | T | F | S | S |
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

WELLNESS TIP

Make your own "fast" (and healthy) food. Put cut-up veggies or fruit in your lunch or keep them in the fridge for a snack.

SATURDAY / 5 JUN

Horizontal writing area for Saturday, June 5th.

SUNDAY / 6 JUN

Horizontal writing area for Sunday, June 6th.

NOTES

Large vertical writing area for notes, featuring a light gray background.

THURSDAY / **17**
JUN

FRIDAY / **18**
JUN

Vertical writing area for Thursday, June 17, featuring a large, faint illustration of a squirrel on the left side.

Vertical writing area for Friday, June 18, featuring a large, faint illustration of a squirrel on the right side.

JUNE

JULY

| | | | | | | |
|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| m | T | W | T | F | S | S |
| 1 | 2 | 3 | 4 | 5 | 6 | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | | | | |

| | | | | | | |
|----|----|----|----|----|----|----|
| m | T | W | T | F | S | S |
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

WELLNESS TIP

Eating a light snack like a piece of fruit after exercising or playing a sport will restore some of the energy that your body's used up.

SATURDAY / **19**
JUN

Horizontal writing area for Saturday, June 19.

SUNDAY / **20**
JUN

Horizontal writing area for Sunday, June 20.

NOTES

Large vertical writing area for notes, featuring a light gray background.

STUDENT GOVERNMENT ASSOCIATION

The Student Government Association (SGA) is responsible for the government and development of the student community of Mary Baldwin College and is based in the principles of the honor system.

The Executive Branch of the SGA is composed of the President, Vice President (presides over the Student Senate), Secretary, Treasurer (presides over the Inter-Club Council), and the Chairwomen of the Honor Council, Judicial Board, Residence Hall Association, Baldwin Program Board, and Student Advocates. www.mbc.edu/student/sga/

BALDWIN PROGRAM BOARD

The Baldwin Program Board consists of a chairwoman and three board members elected by the student body. The board is responsible for filling the social calendar with movies, entertainers, and other events. Students have the opportunity to voice their opinion on programming ideas that make up the social calendar for the year.

<http://www.mbc.edu/student/bpb/>

HONOR COUNCIL

The Honor Council consists of a chairwoman and 13 student members. All members are elected by the student body or appointed after the election process. The duties of the Honor Council are to educate students about the Honor System, to hear cases involving the Honor System, and to impose penalties as warranted by the individual cases. www.mbc.edu/student/studenthandbook/honorsystem.php

JUDICIAL BOARD

The Judicial Board consists of a chairwoman and 13 student members. All members are elected by the student body or appointed after the election process. The duties of the Judicial Board are to educate students about the Code of Conduct and Social Regulations, to hear cases involving infractions of the Code and regulations, and to impose penalties as warranted by the individual cases. www.mbc.edu/student/studenthandbook/judicialsystem.php

RESIDENCE HALL ASSOCIATION

The Residence Hall Association consists of a chairwoman and three board members who provide monthly large scale programming for the student body. Additionally, under the RHA umbrella, hall presidents are elected within their residence hall community to provide social opportunities and bonding for their community.

<http://www.mbc.edu/student/rha/>

STUDENT ADVOCATES

The Student Advocates includes the Lead Advocate and 13 student members elected by the student body or appointed after the election process. The role of the Student Advocates is to raise campus awareness about issues such as drug and alcohol abuse, campus diversity, tolerance, and conflict resolution, and to advise and provide support for students accused of an honor or judicial violation, at the request of the Honor Council chairwoman or Judicial Board chairwoman.

STUDENT SENATE

The student Senate is lead by the Vice President and is the legislative branch of the SGA. The Senate membership is representative of the student body and is elected each fall. The Senate meets on a regular basis during the academic year and is responsible for enacting legislation, keeping the student body informed, and representing student opinions. www.mbc.edu/student/sga/

THE HONOR SYSTEM

All students are required to sign the **Honor Pledge** as they begin their academic career at MBC. It is as follows: **“Believing in the principles of student government, I pledge myself to uphold the ideals and regulations of the Mary Baldwin College community. I recognize the principles of honor and cooperation as the basis of our life together. I shall endeavor faithfully to order my life accordingly. I will not lie, cheat, steal, plagiarize, or violate my pledge of confidentiality. I will encourage others to fulfill the ideals of the honor system and will meet my responsibility to the community by reporting incidents of honor offenses.”**

An honor offense is an infraction of the college’s stated rules of honor by a student enrolled in Mary Baldwin College. The following definitions are provided to help students understand the Honor System.

Plagiarism is when a student uses someone else’s work without giving credit to that person by citing the source of the information. All direct quotes must be placed in quotation marks including an unusual word quoted from the source. Even if the work is only paraphrased, the source of the information must be credited.

Lying is any misrepresentation of the facts, as the student knows them, including verbal, non-verbal, and written forms of communication. This includes having a false ID, stating a false name or age, or forgery.

Cheating is when students give or receive help on academic work unless the professor has stated that students may do so. Discussing what material appears on a test or exam or using additional items to help answer questions on a test or exam are also forms of cheating.

Stealing is when a student takes or uses another’s property without the permission of that person. This

includes the personal property of students or professors, the unauthorized use of copyrighted material, and the unauthorized use of school property.

Breach of Confidentiality occurs when any member of the college discloses details about alleged Honor offenses. All who are involved in hearings and investigations, including advisors, witnesses, the accused, Honor Council Board members, and other members of the college, must keep all names and facts pertaining to the case confidential. The accused should only discuss the facts of her case with certain persons including her parents and advisors.

How to Report an Honor Offense. If you think that you have committed an Honor Offense or you suspect another student of committing an offense, you should talk with your Honor Council representative, the Honor Council Chairwoman, or refer to the details in the handbook. A confidential Contact Report can be completed online at www.mbc.edu/residencelife/contactreport.php

This document is a brief summary of the Principles of the Honor System. More detailed explanations of each offense can be found in your 2009-2010 Student Handbook on the Web site: www.mbc.edu/student/studenthandbook/

THE JUDICIAL SYSTEM

Ignorance is No Excuse

All students who enroll at Mary Baldwin College agree to abide by the rules, regulations, and standards set down and published by the college. The college, in turn, will offer a degree to those who abide by the rules, regulations, and other requirements of the college and who meet the established standards, and will attempt, during the student’s tenure, to lend advice and support as solicited and/or as needed.

CODE OF CONDUCT

Mary Baldwin College is a community dedicated to respect and compassion for all of its residents as expressed in our Pledge of Inclusive Community. Students at MBC agree to comply with the Code of Conduct and Honor Code, both in the spirit in which they are written and in following their rules. The following are the expectations of students and their guests at Mary Baldwin College. Students will:

1. **Use appropriate language and behavior in dealing with others.**

Verbal, non-verbal, or written abuse directed at, or toward, another person, including the use of foul language is not acceptable in our community. Intimidation, coercion, and harassment are not tolerated and can include, but are not limited to, attacking verbally or in a written form a community member's religion, race, creed, sexual orientation, gender, social class, disability, or national origin.

2. **Follow federal and state laws.**

Underage drinking and the purchase or serving of alcohol to those under 21 is against the law. Possession and/or use of illegal drugs will not be tolerated. Weapons, even decorative ones, are not allowed in residence halls.

3. **Respect the physical space of others.**

Comply with roommate agreements, including those regarding male and non-resident female guests. Striking another person or any other form of assault or verbal threat is considered a violation of this standard.

4. **Take care of your own property as well as that of the college and its residents.**

There should be no destruction and/or vandalizing of any property indoors or outside. This includes, but is not limited to, any type of carving or permanent writing on doors, walls, or other college property. Students are responsible for the behavior of their guests at all times.

5. **Comply with decisions made by faculty, staff, administration, or student leaders when they are acting in an official capacity.**

Complete disciplinary sanctions imposed by the

Honor Council or Judicial Board or Administration. Return messages and keep appointments as requested involving Code of Conduct issues.

6. **Act in an appropriate manner when participating in educational activities.**

Students are reminded that they represent Mary Baldwin College in how they speak, dress, and act. Students are expected to conduct themselves in an appropriate manner in the Staunton community and when visiting other colleges. Mary Baldwin students are expected to comply with the regulations applying to social activities, personnel, and property when visiting other colleges and universities.

Social Regulations include visitation, alcohol and drug policy, smoking policy, fire safety, quiet hours, and pets.

How to Report a Judicial Offense. If you think that you have committed a Judicial Offense or you suspect another student of committing an offense, you should talk with your Judicial Board representative, the Judicial Board Chairwoman or refer to the details in the handbook. A confidential Contact Report can be completed online at www.mbc.edu/residencelife/contactreport.php

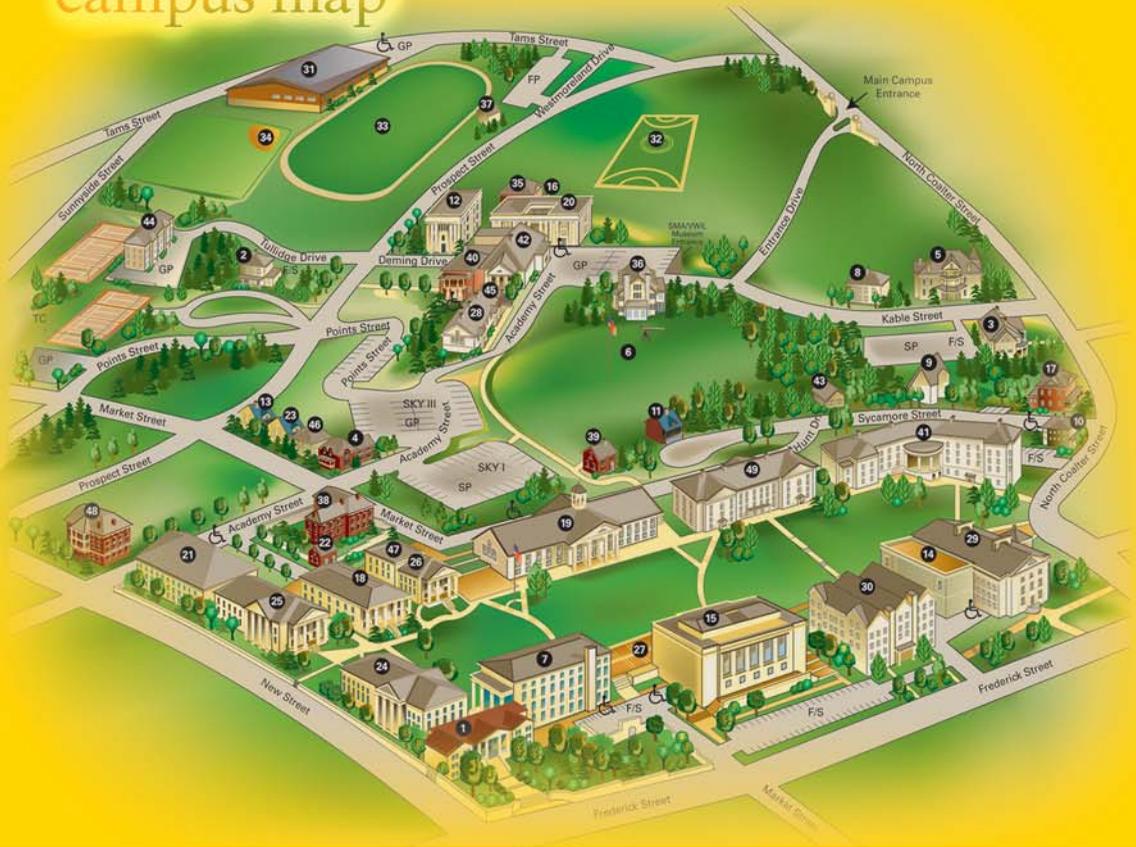
This document is intended as a brief summary of the full Code of Conduct and Social Regulations found on the Web site at www.mbc.edu/student/studenthandbook/ As changes are made to these rules during the academic year you will be informed via your MBC e-mail account and asked to refer to the handbook on the Web site.

In addition, there are a number of administrative practices and policies including the Uniform Student Grievance Policy which deal with issues affecting students. It is the responsibility of the student to be familiar with these policies and to follow them. <http://www.mbc.edu/student/studenthandbook/administrative.php>

For more detailed information on policies and procedures, including the SGA Constitution and Bylaws, please visit the online handbook at www.mbc.edu/student/studenthandbook/

MARY BALDWIN COLLEGE

campus map



- | | | |
|---|---|--|
| 1 Administration Building | 20 Kable Residence Hall | 40 Rosemarie Sena Center/Kable House/ African American & Multicultural Office/Career Services/Student Life |
| 2 ADP House (Adult Degree Program) | 21 William Wayt King Residence Hall | 41 Samuel R. Spencer Jr. Residence Hall |
| 3 Alumnae House | 22 Little House | 42 Student Activities Center/ Business Office/Communication, Marketing, and Public Affairs/ Institutional Advancement |
| 4 Blakely House/Health Center | 23 Market Street House (Virginia Women's Institute for Leadership) | 43 Taylor House/Security Office |
| 5 Bowman House | 24 Agnes R. McClung Residence Hall | 44 Tullidge Residence Hall |
| 6 Cannon Hill | 25 Baldwin Memorial Residence Hall | 45 Cynthia Haldenby Tyson Terrace |
| 7 Carpenter Academic Hall | 26 Flora McElwee Miller Chapel | 46 VWIL Supply House |
| 8 Carriage House | 27 Barbara Kares Page Terrace | 47 Consuelo Slaughter Wenger Hall/ Computer Labs/Registrar/Spencer Center for Civic & Global Engagement |
| 9 Chris House | 28 William G. Pannill Student Center/ Pub/Bookstore/Post Office | 48 Woodrow Terrace Residence House |
| 10 Coalter Street Residence House | 29 Jesse Cleveland Pearce Science Center | 49 Margaret C. Woodson Residence Hall |
| 11 Crone House | 30 PEG Center (Program for the Exceptionally Gifted) | |
| 12 Bertie Murphy Deming Fine Arts Center/ Fletcher Collins Theatre | 31 Physical Activities Center | FP Freshman Parking |
| 13 Edmondson House (Master of Arts in Teaching) | 32 Lower Athletic Field | F/S Faculty/Staff Parking |
| 14 James D. Francis Auditorium | 33 Upper Athletic Field/Track | GP General Parking |
| 15 Martha Stackhouse Grafton Library/ Computer Information Services/ Support Services | 34 Softball Field | SP Student Parking |
| 16 Grounds Building | 35 Physical Plant | TC Tennis Courts |
| 17 Havpe House Residence House | 36 President's House | |
| 18 Hill Top Residence Hall | 37 Prospect Street House | |
| 19 Lyda B. Hunt Dining Hall | 38 Rose Terrace/Chaplain/MLitt/MFA | |
| | 39 Scott Residence House | |